

Happy Sailors Program



Experiential Sailing Program

- ❖ 6-hour program designed to impart valuable life skills via hands-on learning of sailing knowledge and techniques

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❖ Learning Takeaways:

❖ For Youths:

- ❖ **Situational awareness:** Youths become more alert and aware of their surroundings, instead of always focusing on their devices
- ❖ **Independence and leadership:** Youths gain self-confidence as they are given autonomy to make decisions on board
- ❖ **Conquering fears:** Youths will take a closer step in conquering their fears (e.g. being out at sea / in the water / at a height) through various activities on board

❖ For Corporate Teams:

- ❖ **Situational awareness & agility:** Teams learn to appreciate uncontrollable factors in nature, and adapt to changing weather conditions
- ❖ **Collective leadership & responsibility:** Individuals will understand the effect of their actions (or lack of) when they each play a critical role on board
- ❖ **Effective communication:** Teams will learn to use a common language to sail the boat toward a common destination/goal

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❖ General Itinerary:

❖ 1 hour: Introduction & Briefing

- ❖ Introduction to types of boats & parts of a boat
- ❖ Points of sail: Understanding wind conditions and how this affects sailing & navigation

❖ 2 hours: Training

- ❖ Set off from ONE 15 Marina Club and cruise around the Southern Islands
- ❖ Demonstration by trainers
- ❖ Participants will be divided into 2-3 stations (Helm, Sail, Lookout) and assigned a specific role at each station (e.g. at the Helm: Captain, Navigator, Wincher)
- ❖ Rotation of stations & roles

❖ 1 hour: Destination Challenge / Challenge Activities

- ❖ Team will be left on their own to sail the boat to their destination, Lazarus Island (with supervision)
- ❖ Along the way, team will be presented with surprise challenges to throw them off course & test their ability to react and adapt to change

❖ 1 hour: Celebrate & Relax!

- ❖ Arrival at Lazarus Island to celebrate the great teamwork with food and drinks
- ❖ Participants can chill out on board or jump into the water for a swim, kayaking, or paddle-boarding.

❖ 1 hour: Cruise back

- ❖ Cruise to the Marina Bay area for a view of Singapore's iconic city skyline on the way back to the marina

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- ❖ **Program Cost: S\$5000+ for up to 15 participants**
 - ❖ Exclusive use of the yacht and all available equipment on board (1 double kayak, 1 stand-up paddle board, 1 giant floating water mat and swimming noodles)
 - ❖ 3 licensed trainers
 - ❖ Free flow of soft drinks and mineral water
 - ❖ Sandwiches and finger food on board throughout the journey
 - ❖ 1 Mini-buffet dinner delivered to the boat during meal-time
 - ❖ 'Happy Sailors' certificate of participation
- ❖ **Optional add-ons:**
 - ❖ Weekend surcharge: S\$500+
 - ❖ Alcohol packages
 - ❖ Professional event photography and/or videography
 - ❖ Transport to/from ONE 15 Marina Club